



VOLUME I ISSUE 4

Columbia River Volkssport Club

Editor: Pat Jewett

scoutpjwriter@msn.com

President: Eric Glosenger

Vice President: Joe Kelly

April Club Meeting: April 9th 07
Meet at 6PM in the Good Samaritan
Hospital Lobby for a group walk.

In This Issue:

Letter from the Editor	pg 1-2
Birthdays	pg 2
Awards	pg 2
March Meeting Minutes	pg 3-4
Wednesday Walking Schedule	pg 4-6
Misc info	pg 6

Hello Walkers,

I cannot believe this is the fourth newsletter I've edited.

I enjoy putting the newsletter together. Hopefully it won't turn into a newsletter that only contains the minutes of the last CRVC meeting, the Wednesday walking schedule and a letter from the editor.

CRVC members are an active collective of people. They travel, complete various challenges through Oregon, Washington or the AVA. As members I invite you to share your stories. The more you share the more we grow as a club and the more we learn about new places to go and other walks.

Walking is fun because there are so many different things to do on a walk. There's birdwatching, identifying plants, animal tracking, geocaching, identifying benchmarks, photography, and mindful

walking, which involves feeling your feet beneath you. Sometimes it is enjoyable just to walk in silence and listen to sounds and experience walking.

If you have a walking adventure or just want to share what you enjoy about walking send me an email, so we can share it with other people.

And remember we walk for fitness.

Pat

No Birthdays to report for April :(

AWARDS:

Joan Amero 200 Events

Dennis Ketron 700 Events and 7000 KM

Congratulations !!

If you have awards that you are working on let me know and I can post them here. :)

Columbia River Volkssport Club

March Meeting Agenda

Good Samaritan Hospital-Wistar Conf. RM

March 12, 2007

Social time 7:00-7:30 / Meeting 7:30-8:30

Eric Glosenger called the meeting to order at 7:30pm

Treasurers Report - Karen Kelly

Checks and balances were given. The Quarterly reports from the YRE's are due at the end of March. Quarter ends on March 31st, 2007. Please remember that you must fill out reimbursement forms to be reimbursed. Karen has copies for those who need them.

Club Activities:

It was decided that Monday's will continue to be the CRVC Club meeting day.

The meeting on April 9th will start at 6pm so that the club can do a walk together.

Meet at Good Samaritan Hospital to register for walk. It was discussed that in June the club walk the Jackson Bottoms walk together on June 10, and bring a picnic lunch to eat. The date again is, **June 10th at 1pm Jackson Bottom.**

Walk Safety Concerns and the need for First Aid/CPR classes discussed.

Walking Committee Report on up-coming events

Volunteers opportunities for up-coming walks

Jackson Bottom - June 16

Yachats walking weekend - July 14 and 15

Dick Koonce talked about the 2008 Gorge Events. Starting in Mid-April pre-walks will start on Sundays. Dick will make a schedule for the pre-walks. These pre-walks will not be scheduled to conflict with sanctioned AVA Events in the area. Some of the Walks/Hikes that are being considered are: Eagle Creek, Green Lake, Dog Mountain, Hamilton Mountain and plus many others.

If you have any ideas for walks, new places you would like to walk, or walk where there may be a festival, see Joe Kelly, Trailmaster. Remember that ample parking is important when looking for Event starting areas.

Thanks, to all of you who signed up to bring refreshments. Here is a list to help you remember which month you sign up for. April '07 Pat Jewett, May '07 Janet Hummel, June '07 Sharon Shockley, August '07 Potluck to be scheduled, September '07 Eric Glosenger, October '07 Bob and Gina Taylor, November '07 Karen Kelly, December '07 Christmas Party, January '08 Judy Koonce, February '08 Barbara Baker, March '08 Joe and Joan Myers. A BIG Thank You!

Meeting was adjourned at 8:30.

**Next Meeting:
 April 9, 2007
 Meet at 6pm for Walk
 Good Samaritan Hospital lobby
 Refreshments following in the
 Wistar Morris Conference Room.**

	Date	Time	Place	Address
YRE 687 in reverse	4/11/2007	10:00	Mt Hood Medical Center East County Wind Walkers	24800 SE Stark, Gresham Start box in entrance
		12:00	Lucky Buffet	2830 NE Hogan Dr, Suite G 503-618-8518
YRE 425	4/18/2007	10:00	Vancouver Health & Rehab All Weather Walkers	400 East 33rd Street, Vancouver On right side of main entrance in dining area
		12:00	La Bottega Cafe	1905 Main Street 360-571-5010
YRE 871	4/25/2007	10:00	Clackamas Co. Visitor Info Center Valley Volkswalkers	29600 SWPark Place, Wilsonville Ask at counter
		12:00	Abella Italian Kitchen	8309 SW Main St., Suite 200 503-582-1201
YRE 754	5/2/2007	10:00	Red Lion Hotel at Hayden Island Columbia River Volkssport Club	909 N Hayden Island Dr, Portland Right of main lobby in back
		12:00	Newport Bay	11950 N. Center, Jantzen Beach 503-283-3474
YRE 1314	5/9/2007	10:00	Residence - St. Helens Rivercity Strollers	374 North 12th St., St Helens Hwy30 past 4 lights, right on Wyeth, left, curve to 12
		12:00	To be determined	503-288-5503
YRE 409	5/16/2007	10:00	Providence Portland Medical Center Rose City Roamers	4805 NE Glisan, Portland Start box on east side near security
		12:00	Gustav's Restaurant	5035 NE Sandy Blvd, Portland, OR
YRE 1904 IN reverse	5/23/2007	10:00	Clark County YMCA All Weather Walkers	11324 NE 51st Circle, Vancouver Ask at desk
		12:00	Namaste Indian Cuisine	6300 NE 117th Ave., Vancouver 360-891-5857
YRE 1255	5/30/2007	10:00	West Linn McDonalds Valley Volkswalkers	2100 8th Court, West Linn, OR Ask at counter
		12:00	Bugatti's Caffe & Pizzeria	1885 Blankenship Road, West Linn 503-557-8686
YRE 1864	6/6/2007	10:00	Tualatin REI Sherwood Merrywalkers	7410 SW Bridgeport Road, Tualatin Start box at customer service
		12:00	Romano's Macaroni Grill	17003 SW 72nd St - Bridgeport Village 503-783-0550
YRE 1437	6/13/2007	10:00	West Hills Racquet & Fitness Club Cedar Milers	2200 SW Cedar Hills Blvd., Portland Start box is inside left past pro shop
		12:00	Treasure Island	15930 SW Regatta Ln. Beaverton 503-690-0298

6/20/2007 YRE 138	10:00 12:00	Red Lion Hotel at the Quay Vancouver USA Volkssporters Jerusalem Cafe	100 Columbia, Vancouver Start box in hallway left of entrance to lobby 106 E Evergreen, Vancouver 360-906-0306
6/27/2007 YRE 519	9:30 11:45	Best Western Pony Soldier Inn East County Windwalkers India Oven	1060 NE Cleveland, Gresham Start Box - ask at counter 344 N Main St., Gresham 503-465-9423
7/4/2007 EVENT	8 to 1	Esther Short Park Vancouver USA Volkssporters Thai Orchid	6th & 8th Streets on Columbia, Vancouver This is a regular event. 1004 Washington St. Vancouver 360-695-7786
7/11/2007 YRE 921	9:30 12:00	Tryon Creek State Park - Nature Center Rose City Roamers La Provence Cafe	11321 SW Terwilliger, Portland Ask at counter 15964 Boones Ferry Rd, Lake Oswego 503-635-4533
7/18/2007 YRE 1431	9:30 11:30	Tualatin Fred Meyers - Hedges Creek Sherwood Merrywalkers Hayden's Lake Front Grill	19200 SW Martinazzi, Tualatin Pharmacy Waiting Area 8187 SW Tualatin -Sherwood Road, Tualatin 503-885-9292
7/25/2007 YRE 1531	9:30 12:00	World Forestry Center Columbia River Volkssport Club Big Red's	4033 SW Canyon Road, Portland Main Entrance 5515 SW Canyon Ct, Portland 503-297-5568
8/1/2007 YRE 364	9:30 12:00	Vancouver East Fred Meyer All Weather Walkers Eastland Sushi and Asian Cuisine	16600 SE McGillivray Blvd, Vancouver Entrance C by Garden area 16519 SE McGillivray Blvd., Vancouver 360-883-1858
8/8/2007 YRE 1438	9:30 11:30	Tualatin Hills Park & Rec. Cedar Milers Treasure Island	50 NW 158th, Beaverton Start Box in Athletic Center 15930 SW Regatta Lane. Beaverton 503-690-0298
8/15/2007 YRE 173	9:30 12:00	Gateway Fred Meyer East County Windwalkers Pho Van	1111 NE 102nd Ave., Portland In entrance nearest 102nd Ave 1919 SE 82nd, Portland 503-788-5244
8/22/2007 YRE 793	9:30 12:00	Lake Oswego Safeway Valley Volkswalkers Manzana Rotisserie Grill	meet in parking lot - will get start mtls from McDonalds and have them at Safeway 305 1st Street, Lake Oswego 503-675-3322
8/29/2007 EVENT	10:00	Worker walk for Labor Day events All Weather Walkers & Vancouver USA To be Determined	To be determined either Columbia Gorge or Mt St Helens AREAS
9/5/2007 YRE 846	9:30	Airport McDonald's Columbia River Volkssport Club To be Determined	12026 NE Airport Way, Portland Start box inside at NE corner
9/12/2007 YRE 297 Forest Park	9:30 11:30	Good Samaritan Hospital Rose City Roamers Besaw's Cafe (make reservations)	1015 NW 22nd Ave., Portland Start Box is inside Main Entrance on left 2301 NW Savier St., Portland 503-228-2619

9/19/2007 YRE 1316	10:00	The Merk Border Crossers	1339 Commerce Ave, Longview CARPOOL - Box near front entrance
	12:00	Old Creekside Cafe	1323 Commerce Ave. Longview 360-423-7225
9/26/2007 YRE 632	9:30	Oxford Athletic Club Vancouver USA Volkssporters	7588 Delaware Lane, Vancouver Start box on right at entrance
	11:45	Great Taste Restaurant	5303 E Mill Plain Blvd, Vancouver, WA 360-750-1388

YOUR ADVENTURE HERE :)

Don't forget Monday meeting
April 9th
Meet in the lobby of Good Sa-
maritan Hospital for a group walk
In NW Portland.

NEW MEMBERS WELCOME TO JOIN US ON THIS
WALK– a great way to meet other members and learn
about volkswalking.

REMINDER TO YRE TENDERS: Please cross out the \$1.00 member
fee on the existing envelopes. The new fee is \$2.00 for members.